

# WHAT TO BRING TO CAMP

## CLOTHING, LAUNDRY & PACKING

Camp clothing is casual and informal, but within the bounds of good taste. No ripped jeans, or ripped T-shirts. Listed below is a guide to what to bring.

We do require you bring at least two (2) pairs of white, khaki and/or black shorts. You must also have seven (7) staff shirts (provided upon your arrival). If you have staff shirts from previous summers at Camp, you will not need to buy new ones, but they **MUST** be presentable!! This means not ripped, stained or marked up. Staff are required to wear our uniform shirts daily. Make sure your first and last names are on EVERYTHING with name tapes or laundry markers...and we mean EVERYTHING! Camp Staff wear 'Camp Staff Shirts' everyday. Make sure you bring sufficient rain gear and rain shoes or boots to combat any possible rainy season and morning dew. (for the International Staff, that's waterproof shoes or boots, not "wellies"! ). Be sure you bring plenty of athletic socks...they are **REQUIRED** to be worn for ALL ACTIVITIES.

PLEASE NOTE: ONLY one-piece bathing suits may be worn at CT. We also recommend you **DO NOT** bring any jewelry or other valuable items to Camp. **CAMP TOWANDA IS NOT RESPONSIBLE** for loss or damage to any of your belongings. If you do bring valuable items, we suggest you keep them in the camp safe! We suggest that your personal items be covered through a personal effects/homeowners policy. If you would like some assistance with obtaining a policy, please contact us.

## STAFF PACKING LIST

Good Morning Camp Towanda... Good Morning Girls' Camp... Good Morning Boys' Camp... Good Morning New Counselors... Good Morning Returning Counselors .... Welcome to [or back for another] an amazing summer at Camp Towanda. The paperwork has been completed and returned and your travel plans have been confirmed. **NOW WHAT?!** Now it's time to start planning what to bring and hopefully this "Packing List" will help make planning a bit less stressful! Enjoy!

Let's start with some CLOTHING SUGGESTIONS shall we...

- At least 14 Pairs of Socks (athletic-type socks)
- At least 14 Pairs of Underwear (socks and underwear sometimes go missing in the wash)
- 2 - 3 Sweatshirts (it gets cold a few nights)
- 2 - 3 Sweatpants (to go with the sweatshirts)
- 2 Long Sleeve Shirts (for when it's a little chilly but, too hot for a sweatshirt)
- 8 - 10 T-Shirts - Camp provides you with 7 staff shirts, but you have 7 days of orientation, days/nights-off, etc.
- 8 - 10 Pairs of "Activity" Shorts - It will be what you live in – it can get extremely hot during the summer and you absolutely do not want to wear pants!!
- A few "Nice" Shirts (for days/nights-off, and after camp adventures)
- 2 Pairs of Jeans
- 2 Pairs of Sneakers (big tip: do not bring any sneakers you mind getting dirty. Nothing white if you want them to stay white. Whatever they are, make sure they are comfortable!)
- Sandals - **NO FLIP FLOPS** - "If it goes between the toes it's a NO!" Absolutely no "flip-flops" can be worn on camp premises (you can only keep them in a car and put them on when off camp property for days/nights-off). Teva "style" sandals and Birkenstocks "styles" are allowed – anything with straps around the top and back of your feet. You can get fake Birkenstocks at Wal-Mart (1-stop supersize store, has EVERYTHING!) for about \$20 which are perfect! CROCS are permitted at appropriate times as well.
- 2 – 3 Swimsuits (**GIRLS** – remember **ONE PIECE ONLY** on camp premises. **BUT...** on days off you can wear what you want.)
- Sleepwear (be sure it's camp/family appropriate)
- Rubber Boots - Anything to keep your feet dry. When it rains...it rains. These are 100% needed!
- Water Bottle - Water bottles are a **MUST**; as I stated before it gets hot, it is important to stay hydrated to stay healthy.
- Rain Coat - Everyone needs proper rain gear (you can't use garbage bags); Camp will charge you for a rain coat or poncho if you don't have one. Charles River windbreakers are not waterproof.

Here are some RANDOM/OPTIONAL ITEMS OF CLOTHING you may want to consider...

- A Hat - You are always outside.
- Sun Glasses - Nothing too expensive just in case.
- Sleeveless Shirts/Racer-Back Tank-Tops - It can get **HOT!**

Okay...now time for BATHROOM ITEMS - (be sure to think "Wal-Mart" for much of your stuff)

- Toothbrush & Toothpaste - clean your teeth regularly
- Deodorant (required)
- Shampoo (remember there is a Wal-Mart, so you can come with small bottles at first).
- Soap (best not to share)
- Shaving Cream & Razors – Ladies, personal hygiene is important. Guys, if you do not come with a beard – you cannot grow a beard while at camp. Everyone must be clean shaven.
- Sunscreen - This is a **MUST**. You will need tons (which you can pick up at Wal-Mart when you get there) but bring some for Orientation. Sunscreen is a **RULE** at camp – the sun is **HOT!**

**KEEP READING! ...**

**"Don't forget your.....sunscreen!"**

Here are some RANDOM/OPTIONAL BATHROOM ITEMS you may want to consider...

- **Nail Clippers**
- **1 – 2 Towels** - Camp will give you a clean/fresh towel every day, but you may want to bring your own for days off if you head to a beach. **Remember** – if you bring your own towel it cannot go into the camp laundry – you have to wash it yourself. **Camp provides coin operated washers and dryers you can use on your days/night-off.**
- **Hair Ties**, head banks, clips, etc. – you do not want your hair in your face (and it's too warm).
- **Shower Shoes** - you can have ADIDAS "style" slip on sandals ONLY in the bunk – but remember NO flip-flops even in the shower. **NO FLIP FLOPS EVER!**
- Aloe-Vera...you will get burnt.
- Mints/Mouthwash - **No gum chewing on camp allowed.** There is a \$5 fine for each piece of gum you OR your kids are caught chewing! Imagine... all those kids chewing gum...eww.
- Face Cloth - don't put in camp laundry.
- Allergy Medications, etc. (See the Staff Guide for information about medications).

Here are some **RANDOM/OPTIONAL ITEMS** you may or may not think about packing based on space/travel restrictions. These are the extras – certainly not needed.

- **Flashlight** - for camping, walking back from evening activities etc. (a cheap small one will do)
- **Blankets** - If you are an American staff member, you will have to bring your own blankets OR you can rent blankets from camp for a small fee. If you are an international staff member, camp will provide you two (2) blankets (I just went to Wal-Mart and got a blanket there for \$20 which was perfect). ALL counselors and staff get clean sheets and a clean pillow case weekly.
- **Sleeping-bag** - We go camping. You can bring one, buy one at Wal-Mart, or just borrow from another counselor.
- **A Mini-Fan** - After a day in the sun and during rest hours, this will become your new best friend!
- **American Stamps, Envelopes** - They do not sell stamps at camp. You can get them at the post office which closes at 5pm or Wal-Mart.
- **Camera** - Disposable ones are always a popular choice – but bring whatever you want – nothing too expensive just in case.
- **Backpack** - For your days/nights-off and Trip Days off camp - always a good thing to have.
- **Alarm Clock** - It never hurts to know the time or in case you want to wake up early.
- **Waterproof Digital Watch** - Because...why not? Your campers will have many things going on – sports activities, tutoring lessons, tennis lessons, and more. It's always good to know the time.
- **MP3 player** - This can pass the time when you can't sleep or if you go for a run in the morning/night. But be careful and hide it well. Limited use allowed.
- **Books** - Whether you read or not, you will read while at camp. It's a strange phenomenon.
- **Something Canadian for July 1st (Canada Day)** - Little flags, tattoos, hats, whatever.
- **Something for July 4th (The 4th of July)** - Little flags, tattoos, hats, whatever (Those from the UK are welcome to protest in good humor).
- **BUG SPRAY - BUG SPRAY - BUG SPRAY**
- **Tennis Racquet** - You may want to play with your campers during tennis lessons or Free Play.
- **Roller Blades & Hockey Sticks** - We have an AMAZING roller hockey rink and we have organized counselor games at night for those who are on a night off! Lots of fun!
- **Football, Frisbee, baseball glove, lacrosse stick, guitar, harmonica, etc.** - Though many of these items we have, if there is something special or out of the ordinary you like to do or play, bring it. We have a lot of talent shows and camp fires and would love to hear you play!
- **Crazy Creek Chair** - Pick up this collapsible/folding lawn chair (with absolutely no legs) at Wal-Mart. This is a Camp Towanda must!

#### IMPORTANT STUFF TO REMEMBER:

- There is a Wal-Mart not far from camp and it's massive! If you are flying to camp, you can pick-up a lot of things at Wal-Mart, so don't stock up. Camp provides transportation to Wal-Mart so you can pick up the things you need! I repeat – minimize your packing by waiting until Wal-Mart.
- During the day we wear the staff T-shirts camp provides, but from dinner time on (and days/nights off) you can wear something else – so bring stuff. Bright and crazy is always fun.
- DO NOT forget to bring your **travel receipts!**
- CASH...unless you use a credit card to buy everything, don't forget to bring some American money. Camp will set you up with a debit card. If you are American you can chose to direct deposit into your account. You have the option of weekly deposits, but for the first couple of weeks - bring cash.
- **Write your name on EVERYTHING!** - I am not kidding – EVERYTHING!! When it comes back in the wash, all the socks from the entire bunk come back together, and not matched – so if you ever want to see them again, put your name on it! If you forget a sweater somewhere, there is a "Lost & Found" and it will make its way back to you ONLY if you put your name on it. Black "Sharpie" pens work best.
- Calling Cards - At camp, you may purchase special calling cards that work on the camp staff phones. Many calling cards will not work on these phones – camp calling cards are a great deal for long distance calling and are very inexpensive, so just wait and get one at camp!
- Don't bring anything too expensive. Camp is not responsible any "missing items" or "damaged item"

**THERES MORE....**